

KRISTACIDE Film Coated Tablets

Dietary Supplement

Product Description:

- Dietary supplement that supports the nervous system's health.
- KRISTACIDE is a food supplement that specifically supports nerve tissues with antioxidant and neurotrophic actions.
- High-dose Alpha-Lipoic Acid, Citicoline, and B vitamins ensure effective action.
- Citicoline and B vitamins act specifically on nervous tissues, providing powerful antioxidant, neurotrophic, and neuroprotective action.
- Citicoline is a psychostimulant and nootropic that improves brain function.
- Alpha-lipoic acid, a natural antioxidant found in the body and foods, helps break down carbohydrates for energy production.
- Vitamin B1 (Thiamine hydrochloride) plays a vital role in the growth and function of various cells.
- Riboflavin plays major roles in energy production, cellular function, growth, and development, and the metabolism of fats, drugs, and steroids.
- Vitamin B6 (pyridoxine hydrochloride) is important for normal brain development and for keeping the nervous system and immune system healthy.
- Vitamin B12 plays an essential role in red blood cell formation, cell metabolism, nerve function, and the production of DNA.

Why use the “KRISTACIDE ”

- Tablets support nervous system health as a supplement.
- Contains alpha-lipoic acid, aiding blood sugar regulation and cell/tissue protection.
- It is recommended for diabetics to combat related health issues like nerve inflammation, heart disease, and kidney disease by protecting their nerves from damage.

- Tablets contain alpha-lipoic acid, citicoline, vitamin B1, vitamin B12, vitamin B6, and riboflavin to strengthen and maintain nerve health.

Nutrition Information:

Supplement Facts		
Serving size : 1 film coated tablet		
Servings per container : 10, 20, 30, 40, 60, 90 or 120		
	Amount per Serving	Daily value % *
Vitamin B1 (Thiamine hydrochloride)	1.05 mg	87.5%
Riboflavin	1.2 mg	92.3 %
Vitamin B6 (Pyridoxine hydrochloride)	1.5 mg	88.23%
Vitamin B12	1.875 mcg	78.12%
Alpha-lipoic acid	600 mg	**
Citicoline	125 mg	**

* The percent daily values are based on a 2000 calorie diet.

**Daily value is not established.

Other ingredients: Microcrystalline cellulose, Maltodextrin, Polyvinyl alcohol, Talc, Macrogol 6000, Croscarmellose sodium, Titanium dioxide, Magnesium stearate, Allura red AC, Sunset yellow FCF.

Direction of use:

Adults: One tablet daily with a main meal or as directed by physician.

Warnings:

- If you are pregnant, nursing, taking any medication or have medical condition, consult your doctor before use.
- If any adverse reaction occurs, immediately stop using this product and consult your doctor.
- Don't use if you are allergic to any of the ingredients of this product.
- If you are diabetic patient consult your doctor before use.
- This product is not used under the age 18.

Storage Conditions:

- **Keep in original package out of the reach of children.**
- **Store at temperature not exceeding 30° C in dry place.**

This product is not intended to diagnose, treat, cure or prevent any disease and not considered as replacement for a balanced nutritional diet or for healthy life style.

NOURISH YOUR NERVES KEEP YOU HEALTHY