

## **MERDA Powder**

### **Dietary Supplement**

**With collagen supports joint health**

#### **Product Description:**

- **MERDA sachet is a dietary supplement that supports joint health and is made of gelatin hydrolysate (Spray-dried powder processed from bovine collagen), sugar, citric acid, ascorbic acid-Vitamin C, natural orange flavor, and sucralose.**
- **MERDA sachet Improves joint performance by protecting the cartilage, increasing flexibility, and reducing joint pain.**
- **Easy-to-use: conveniently packaged in single-serving sachets, perfect for on-the-go use for easy daily intake.**
- **A nutritional supplement that helps in the natural regeneration of cartilage (which is a type of dense connective tissue that is located between the joints of bones and which produces a lubricating substance to enable the bones to move) and rebuilds it. It also helps in the production of collagen, which constitutes 70% of the components of cartilage, and here collagen plays its role. By maintaining joint flexibility.**
- **GENERAL KNOWN INFORMATION ABOUT COLLAGEN:**
  - **Main pillar of connective tissue.**
  - **It is the most important protein in the human body.**
  - **It consists of about 20 types of amino acids.**
  - **The basic protein of all connective tissues.,**
  - **Represents 25% of all protein in the human body.**
  - **Makes up 75% of skin tissue.**
  - **Is responsible for the level of hydration, elasticity and firmness of the skin.**
  - **Collagen is not persistent.**
  - **It is constantly exchanged in the body.**

- **Collagen, one of the most abundant proteins in our body, is primarily found in our muscles, bones, skin, and tendons. It's a vital building block for our bodies that can play a crucial role in your skin's natural glow, your gorgeous hair, strong nails, and healthy joints, making it the perfect addition to any wellness routine.**
- **Collagen is the single most abundant protein in the human body. It's literally the 'glue' that binds us together.**
- **Collagen can/could contribute to the maintenance of the healthy function of joints. Collagen is a natural component of the skin. It helps the skin to preserve its firmness and elasticity. Has beneficial effect in the maintenance of skin firmness and elasticity.**
- **Collagen hydrolysate Contributes to the functioning of cartilage building cells. Supports the (natural) regeneration of joint cartilage. Stimulates the build-up of joint cartilage. Contributes to improved joint functioning and joint mobility. Contributes to joint comfort. Provides the building blocks (peptides) for the biosynthesis of cartilage. Provides strength, flexibility and support to skin connective tissues, ligaments, tendons, bones and other parts of the body.**
- **Vitamin C contributes to normal collagen formation for the normal function of blood vessels.**
- **Vitamin C contributes to normal collagen formation for the normal function of bones.**
- **Vitamin C contributes to normal collagen formation for the normal function of cartilage.**
- **Vitamin C contributes to normal collagen formation for the normal function of gums.**
- **Vitamin C contributes to normal collagen formation for the normal function of skin.**
- **Vitamin C contributes to normal collagen formation for the normal function of teeth.**
- **Vitamin C contributes to normal energy-yielding metabolism.**
- **Vitamin C contributes to normal functioning of the nervous system.**
- **Vitamin C contributes to normal psychological function.**
- **Vitamin C contributes to the normal function of the immune system.**

- Vitamin C contributes to the protection of cells from oxidative stress.
- Vitamin C contributes to the reduction of tiredness and fatigue.
- Vitamin C contributes to maintain the normal function of the immune system during and after intense physical exercise

#### Why use “MERDA ”?

- MERDA Sachets are nutritional supplement that helps in the natural regeneration and rebuilding of cartilage to maintain joint flexibility.
- Preventing cartilage erosion.
- Helping ease movement, especially for the elderly.

#### Nutrition Information:

<b>Nutrition facts</b>	
<b>Servings per Container:7, 10, 20 Or 30</b>	
<b>Serving Size</b>	<b>1 sachet (11 gm)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>44*</b>
	<b>Daily Value %*</b>
<b>Total fat 0 g</b>	<b>0%</b>
Saturated Fat 0 g	0%
Trans Fat 0 g	<b>0%</b>
<b>Cholesterol 0 mg</b>	<b>0%</b>
<b>Sodium 0 mg</b>	<b>0%</b>
<b>Total Carbohydrate 1 g</b>	<b>Less than 1%</b>
<b>Protein 9.3 g</b>	
Gelatin Hydrolysate	
(Spray-dried powder processed from bovine collagen) 9840 mg	
Sugar 1000mg	
Citric acid 100 mg	
Ascorbic acid-Vitamin C 30 mg	
Natural Orange flavor 10 mg	
Sucralose 20 mg	

**\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2000 calories a day is used for general nutrition advice.**

**Direction of Use:**

**Empty sachet content on a cup of water and stir well.**

**Warnings:**

- **Is not used for people with allergies to any of the internal components in the composition of the product.**
- **Pregnant and breastfeeding women should consult a doctor before taking it.**

**Storage conditions:**

- **Stored at temperature not exceeding 30° C.**
- **Keep out of reach of children**

<b>This product is not a medicine and is not a substitute for food.</b>
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**MERDA THE BEST CHOICE FOR HEALTHY JOINTS**